



# GRID-AID TO OCCUPATIONAL CHOICES

FOR USE WITH THE  
INDEX TO CANADIAN OCCUPATIONS (ICO)  
AND THE  
OCCUPATIONAL EXPLORATION  
QUESTIONNAIRE (OEQ)

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## HOW TO USE THE GRID-AID.

1. Read the Occupational Exploration Questionnaire and indicate your choices of factors by circling the numbers as shown below.
2. Read the ICO occupation lists for each factor you have chosen. On a separate sheet of paper write the name and code for each occupation that interests you.



With this Grid-Aid you can see at a glance which occupations fit most of your needs.

		TEMPERATURE										MOISTURE				PHYSICAL ACTIVITIES				SPECIALIZATION		TEACHING AND TRAINING ACTIVITIES		TOOL USE			
CODE	TITLE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
2371-E	Asst. Voc. Counselor																										
2711-E	University Teacher																										
3311-E	Physician > Internist																										
3312-E	Physician > Internist																										
3313-E	Physician > Internist																										
3314-E	Physician > Internist																										
3315-E	Physician > Internist																										
3316-E	Physician > Internist																										
3317-E	Physician > Internist																										
3318-E	Physician > Internist																										
3319-E	Physician > Internist																										
3320-E	Physician > Internist																										
3321-E	Physician > Internist																										
3322-E	Physician > Internist																										
3323-E	Physician > Internist																										
3324-E	Physician > Internist																										
3325-E	Physician > Internist																										
3326-E	Physician > Internist																										
3327-E	Physician > Internist																										
3328-E	Physician > Internist																										
3329-E	Physician > Internist																										
3330-E	Physician > Internist																										
3331-E	Physician > Internist																										
3332-E	Physician > Internist																										
3333-E	Physician > Internist																										
3334-E	Physician > Internist																										
3335-E	Phys																										

- |   |  |  |
|---|--|--|
| <p>3. Put these occupations in numerical order of their occupation codes and write them in the space provided as shown above.</p> | <p>4. Re-read the ICO occupational lists for the factors you circled. When one of your occupations appears, put a checkmark (✓) across from it below the number for the list where you found the occupation.</p> | <p>5. Count the number of check marks (✓) for each occupation and enter the total in the frequency column.</p> |
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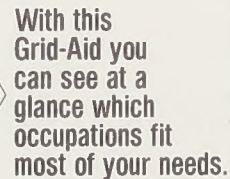


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